



**BROWN**  
Division of Biology  
and Medicine

OFFICE OF  
WELL-BEING

## **Introducing Rachel Balaban, The Warren Alpert Medical School's First Artist in Residence**



Dear members of the Brown community,

It is with great pleasure that I announce The Warren Alpert Medical School's first Artist in Residence, Rachel Balaban!

The Artist in Residence (AIR) is a new position funded through the generous support of a family interested in the medical humanities and their importance in the education of caregivers at all levels. We thank Dr. Fred Schiffman for support in securing these funds.

The AIR will play a pivotal role in supporting the well-being and personal/professional development of medical students, residents, fellows, and other learners. Through a diverse range of art-based initiatives, the AIR will work collaboratively with the Chief Well-Being Officer and other stakeholders to enhance the overall flourishing of the medical school community.

Our first AIR, Rachel Balaban, is a teaching associate at The Warren Alpert Medical

School, where she works with medical students focusing on the importance of movement and dance for health. She leads movement workshops for third- and fourth-year medical residents.

At the Medical School, her Dance for All People (DAPpers) classes serve as a site placement for the clinical elective Introduction to Lifestyle Medicine as well as a site for first-year medical students service learning; her focus is to underscore the importance of combining an intergenerational framework with art to empower older adults, caregivers, and young students as they build meaningful connections with each other.